



## **KSWDC LAKSHYA WOMEN CELL**

### **ACTION PLAN 2023-2024**

SL.NO	TOPI C	DATE
<b>A .. TRAINING WING</b>		
<b>1 Academic/Performance Success Program Topics</b>		
1.1	Workshop- Role of emotional intelligence to drive success	10/09/2024
1.2	Work shop on Time Management	4/10/2024
<b>2 Social Belonging or Social Engagement Program</b>		
2.1	Menstrual Cup -Awareness Programme	12/07/2024
2.2	Team building Activities for Indoor and Outdoor	9/08/2024
2.3	Menstrual Hygiene Awareness class at GHSS Prapoyil	25/07/2024
<b>3 Gender Awareness</b>		
3.1	A session on better Parenting at Kallamkode Anganvadi	2/10/2024
3.4	A session on Post Partum Depression among Kudumbasree Members	25/10/2024
<b>4. Athletics/ Self Defence/Other Wellness Training Programmes</b>		
4.1	Yoga Training	26/07/2024
<b>B CULTURAL WING</b>		
2	Women's Day Celebration	8/03/2024
<b>C COMMUNITY INTERVENTION WING</b>		
1.	Medical Camp-Eye Chek Up	10/01/2025